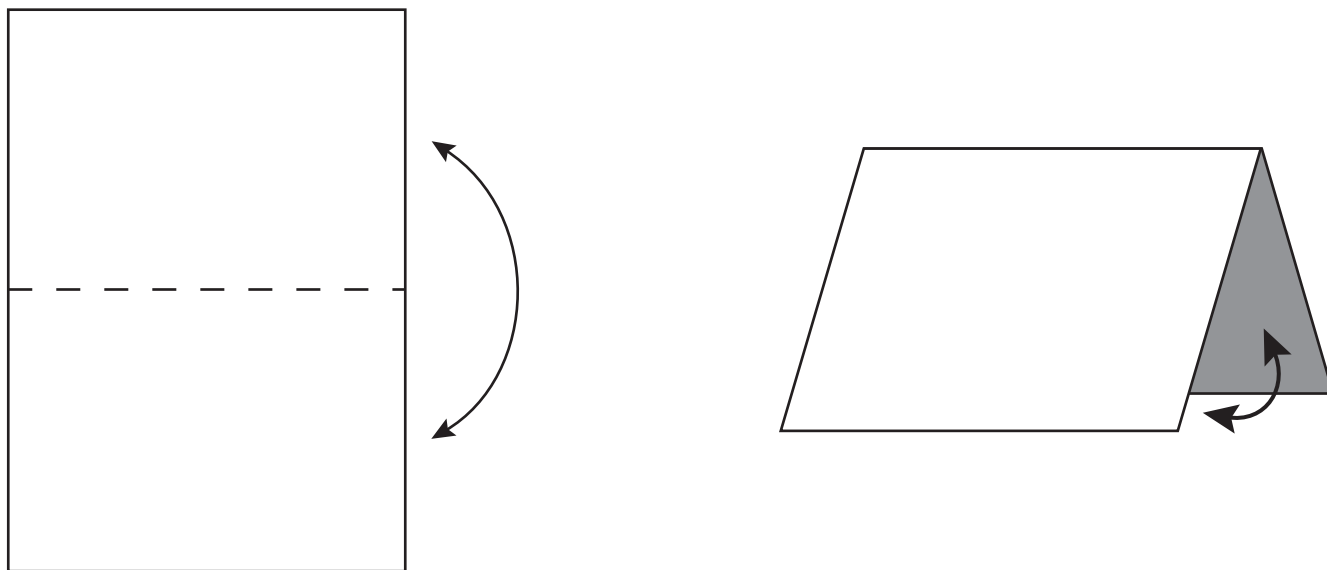


WOLVES MARTIAL ARTS

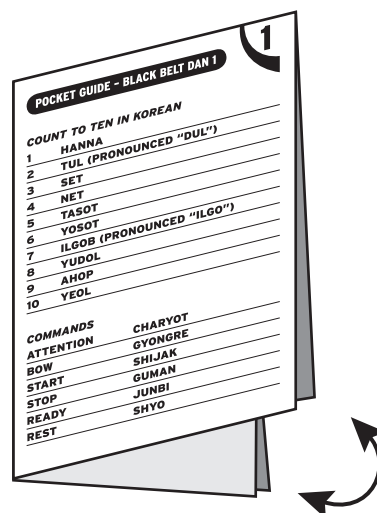
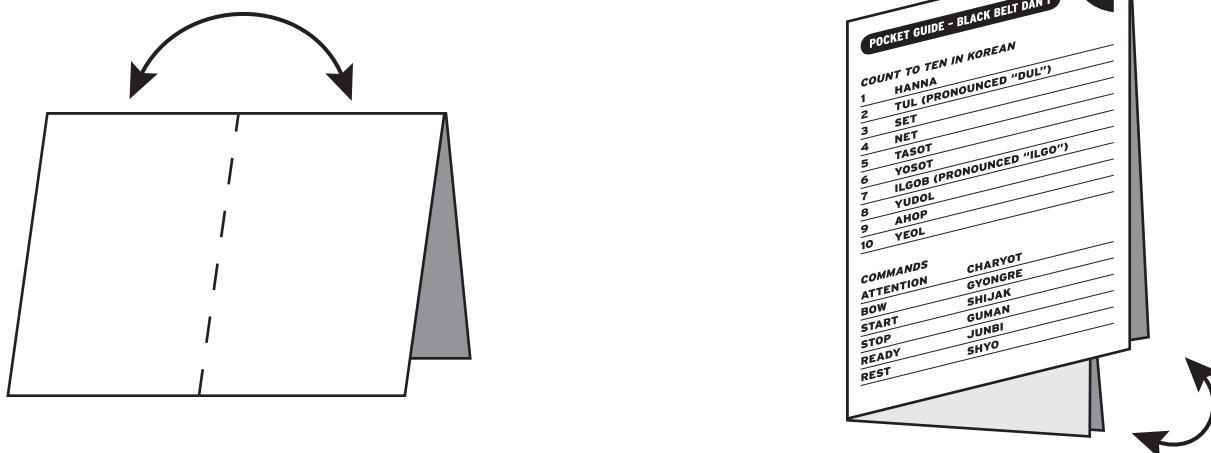
BLACK BELT DAN 3 - GRADING POCKET GUIDE

FOLDING INSTRUCTIONS

STEP 1 FOLD PAGE IN HALF



STEP 2 FOLD IN HALF AGAIN



- EXPLAIN THE MEANING OF: TAEBACK
- EXPLAIN THE HISTORY OF: TAEKWONDO AND ITS ORIGINS

• **EXPLAIN THE MEANING OF:**

● EXPLAIN THE HISTORY OF:
TAEKWONDO AND ITS ORIGINS

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FRONT STANCE

BACK STANCE	DIT GUBI
READY STANCE	JUNBI SOGI

BACK STANCE	DIT GUBI
READY STANCE	JUNBI SOGI

- | BACK STANCE | DIT GUBI |
|--------------|------------|
| READY STANCE | JUNBI SOGI |

BACK STANCE	DIT GUBI
READY STANCE	JUNBI SOGI

- | BACK STANCE | DIT GUBI |
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| READY STANCE | JUNBI SOGI |

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READY STANCE	JUNBI SOGI

- | BACK STANCE | DIT GUBI |
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| READY STANCE | JUNBI SOGI |



- EXPLAIN THE HISTORY OF:
 - TAEKWONDO AND ITS ORIGINS