

T3 CHALLENGE CAMP



WOLVES MARTIAL ARTS



ARE YOU READY FOR A REAL CHALLENGE?

This Challenge Camp is set to be a high energy, endurance adventure day, and a real challenge for all blue belt, red belt and black belt students to help test their skills. This Challenge Camp is also designed to benefit Team Leaders and Instructors to fine tune their martial art abilities.

TAEKWONDO ACTIVITIES

This Challenge Camp will consist of high energy Taekwondo activities ie: street style self-defence, sports Taekwondo, board breaking, black belt pre-grading requirements session, mind & body strength session, and poomsae work.

HAIDONG GUMDO ACTIVITIES

There is also a special Haidong Gumdo training session available for all senior students.

WHAT SHOULD YOU BRING TO THE CHALLENGE CAMP?

Lots of water and food. Taekwondo students should bring all protective Taekwondo gear ie: chest guard, leg guards, arm guards, groin guard, mouth and head guard. Good supportive shoes is recommended, as well as black pants with Taekwondo uniform top and belt. All current Haidong Gumdo students should bring their uniform and sword/s.

Please note that any student wanting to grade to Provisional Black Belt or a Dan grade must attend at least two Challenge Camps within 18 months of their grading.

TERM 3, 2014 CHALLENGE CAMP INFORMATION DETAILS

Date: Sunday, 24 August 2014

Venue: Winmalee High School

Cost: \$40.00 per student

TIMETABLE

Age group	Time
Juniors (7 years to 12 years)	8.45am-1.00pm
Seniors (13 years and over)	11.45am-5.00pm

All students over the age of 30 years must have a medical examination and produce a medical certificate before participating in the Challenge Camp.

ENSURE YOUR PLACE BY RETURNING THE REGISTRATION FORM BELOW BY FRIDAY, 15 AUGUST 2014

WOLVES TERM 3 CHALLENGE CAMP REGISTRATION FORM – SUNDAY, 24 AUGUST 2014

NAME _____ CONTACT PHONE _____

EMAIL _____ MOBILE _____

ADDRESS _____

AMOUNT PAID @ \$40.00 each = _____ CURRENT GRADE _____

MEDICAL CONDITIONS WE SHOULD KNOW ABOUT _____ DATE OF BIRTH _____

All care should be taken by individuals/participants as Wolves Martial Arts, its Instructors, volunteers, helpers, and Leadership Team Members, accept no responsibility in the case of injury or accident. All participants of this Challenge Camp do so at their own risk and will not hold Wolves Martial Arts, volunteers, helpers, Leadership Team Members and its Instructors liable in any form. I have read the above and fully understand.

PARENT/GUARDIAN SIGNATURE _____ STUDENT SIGNATURE _____

DATE _____ DATE _____